



Silver Violet Flame & St Germain



The **Silver Violet Flame** is a powerful spiritual energy that can transform negative energy into positive energy, helping to heal and purify both individuals and the planet.

Associated with the teachings of Ascended Master **Saint Germain**, the practitioner invokes the violet flame through meditation and decrees (specific prayers) with the aim to release negative karma, raise their consciousness and accelerate spiritual growth.

Using the flame and intention the practitioner conducts a healing session. This can be in person or distance (one-to-one or as part of a group).

Some of the benefits are: -

- **Emotional Healing:** Negative emotions such as anger and fear are transmuted into positive energies of love, peace, and harmony.
- **Forgiveness:** Enhances your ability to forgive yourself and others, enabling you to release emotions and find some inner peace.
- **Spiritual Growth:** Helps accelerate your spiritual development by deepening your connection to your higher self.
- **Physical Healing:** Promotes overall well-being and helps your body to heal physical ailments by clearing energy blocks.
- **Stress Relief:** Helps your body to relax, reducing stress, leaving you feeling calmer and with a more balanced state of mind.
- **Clarity and Focus:** Makes it easier to make decisions and focus on tasks, helping you to stay on track with personal goals as it enhances clarity of the mind.
- **Vibrational Elevation:** Elevates your vibrational energy which helps you to resonate more with positive cosmic energy.

What to expect: -

- **Preparation** - wear comfortable clothing and remove shoes.
- **Setting/Environment** - the environment should be quiet and peaceful. Soft lighting, calming music, and subtle scents.
- **Intention** - Along with the practitioner you will set an intention for what you would like to receive the treatment for e.g. healing, releasing negativity, spiritual growth.

Practitioner 'I set the intention that receives this healing for'

Client 'I set the intention to receive Silver Violet Flame healing for'

- **The Treatment** - The practitioner will then invoke Saint Germain and the Violet Flame and visualize the Silver Violet Flame surrounding and penetrating your body to clear and purify every cell and energy centre.
- **Sensations** - you may feel warmth, coolness, tingling, or a sense of release as the energy works through you. Emotional releases, such as tears or a sense of relief are also common.

Aftercare: -

- **Discuss** - The practitioner can discuss with you anything they have picked up during the session. You can also discuss anything you felt or ask any questions you may have.
- **Rest** - Rest and drink plenty of water. This helps to flush out any released toxins.
- **Reflect** - Take some time to reflect on how you are feeling. This is also a good time to journal your thoughts, and any insights received during your treatment.

The Silver Violet Flame Sessions can last between 30-60 minutes. This will vary dependent on individual needs. Each session is unique and personal and can offer profound healing and transformation.

Disclaimer: - Silver Violet Flame is a complementary therapy and can be used alongside conventional medicine but is not a replacement.

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